

How To Ask The Right Questions So That You Get The Right Solutions Fast

The 5-Minute Reality Alignment Strategy

So stupid, everyone is doing this wrong!

How often do you let your reality control your decisions? Probably more often than you realize. There's a little exercise you can do, and you can get it below.

Why did we miss Einstein's greatest secret to success?

"If I had an hour to solve a problem and my life depended on the solution, I would spend the first 55 minutes determining the proper question to ask... for once I know the proper question, I could solve the problem in less than five minutes."

The answers to our biggest problems are hidden inside the questions we ask ourselves.

Instead of asking ourselves the right questions, we criticize ourselves.

Some of these thoughts sound familiar...

- Why do I always make the wrong decision?
- **Why can't I get anything right?**
- Why did I even try?
- **Why didn't I work harder?**
- Why did I think I could do this?

It's obvious, these are thoughts that do more harm than good. They hurt your future and hold you back from your full potential. Repeat the same questions and you lose again and again.

Ask the right questions, you win and breakthrough to new levels of progress and success.

The questions you ask are the problems you solve.

Questions are the solution to filtering your reality. They provide you with the answers to your most difficult problems every time.

Every question you ask opens up a new pathway. They won't all lead to success, but when you find the right question to ask it can be the key to unlocking something extraordinary.

Writing is the antidote to any problem when you combine it with asking yourself the right question.

Start using the system below to filter your reality today by writing...

Step 1: What is the problem I am trying to solve?

Ex: I'm currently overwhelmed by the demands of running my business, and I don't have enough time to focus on strategic growth and innovation.

Step 2: What do I want?

Ex. I want to find a way to better manage my time so that I can dedicate more of it to strategic activities that will drive business growth.

Step 3: What's the best possible outcome?

Ex. The best possible outcome would be to implement time management strategies that allow me to maintain profitability while freeing up more time for innovation and expansion.

Step 4: What conditions need to be true for this outcome to become my new reality?

Ex.

- I need to identify time-consuming tasks that can be delegated or automated.
- I need to set clear priorities and allocate specific blocks of time for strategic planning and growth initiatives.
- I may need to hire additional staff or outsource certain tasks to reduce my workload.

Next steps...

1. Write an outcome-based question in the past tense that will make your goal come true. "Why did I successfully implement time management strategies that are freeing up more of my time for strategic business growth while maintaining profitability?"

2. Read questions daily, without contemplation or analyzing. Each day, I am reading this question without overthinking it, allowing my subconscious mind to process it.

3. Journal the evidence that proves your questions are being answered daily. I am keeping a daily journal where I note any significant time-saving measures implemented, such as delegation, automation, or successful strategic initiatives. For instance, if I successfully delegate administrative tasks or launch a new product line, I will document it as evidence that my questions are being answered.